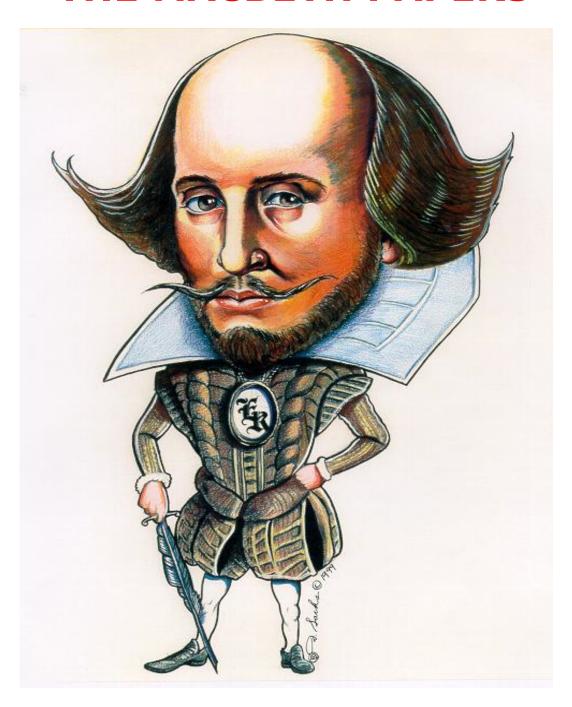
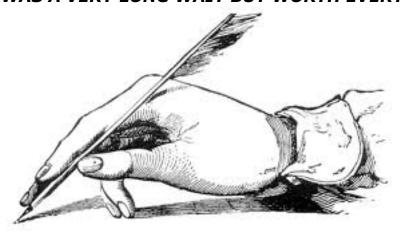
### THE MACBETH PAPERS



**KATHLEEN BRYCE NILES** 

### **DEDICATION**

### FOR DJ OVERTON...FOREVER & ALWAYS IT WAS A VERY LONG WAIT BUT WORTH EVERY SECOND....





Michael Leo Claude Morgan (1946-2006), my harshest critic and greatest friend....Peg Sperber Flanders, the finest poet & person I know....

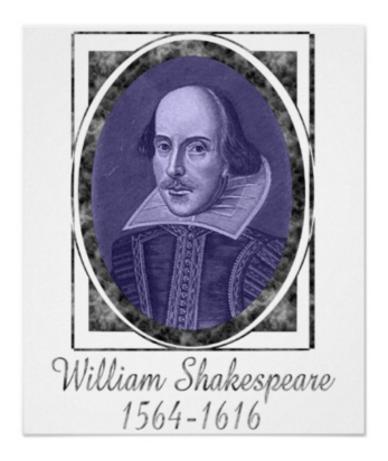
*V. Newton Chance*, my dear friend & partner in the Trinidad Poetry Workshop...

Akil Thomas, my son by another mother & partner in the Trinidad Poetry Workshop who will be, one day, known world-wide...

All of our TPW students....Jay T. John, Warren L.G. De Mills, Geeta Boodansingh, Camille Caliscia Patrick, Sonny Suburo, & Ashley Brodber.

and, Jessica Mason McFadden for convincing me to change the title.

### **PREFACE**



As an English teacher in an urban high school, my greatest joy, and the most fun to be had by and with students, was with Macbeth. While this play was a tragedy of major proportions, somehow we managed to enjoy it so much that it was a delightful experience. Hopefully, my readers will glean some of that pleasure from this volume very loosely connected to Shakespeare's work.

**KBN-O** 

#### "I Come, Greymalkin"

(Macbeth: Act I, Sc. 1)

These two wretched hags, not unlike myself, send shivers, layered like so many shingles, into chilled flesh of passersby. They are kin to me. I rush to them, Greymalkin, as you to cats with matted fur and bleeding paws, screeching incantations in the dark and swollen air.

(Macbeth: Act I, Sc. 1)

Discombobulation!!!

How disconcerting...

How delicious to distort...

Amusingly devastating

Wickedly entertaining

There's delight afoot tonight!

#### "Sleep that knits up the raveled sleeve of care"

(Macbeth: Act I, Sc. 2)

Loosely woven dreams precariously stitched his nights.
Gathered in bunches, they unfolded like pleats; dark thoughts hemmed at both ends.
Nightmares dangled by threads...frayed his nerves.
And, guilt, sewn into the fabric of memory, struggled to escape and awakened him.

#### "What bloody man is that?"

(Macbeth: Act I, Sc. 2)

It is a controlled madness that wins battles....
that closets rage
until it swells,
battering with jagged horror
to free itself.

Macbeth,
slipped this madness beneath a suit of mail,
poured it in metal boots,
and tucked it precariously beneath the
visor of his helmet
until it burst......

schrapnel, felling bodies like summer hail.

# "If you can look into the seeds of time, and say which grain will grow and which will not..."

(Macbeth: Act I, Sc.2)

He seemed so fragile, this child born too soon...
His limbs, so gangly, his head tilted to one side...
How could he survive,
thrive in a world fraught with danger?
What have we wrought in letting him live
among children twice his size?

And, yet, the years passed.

He stood his ground,
held his head up straight...

We saw those limbs fill out, watched him
outrun the others.

Strong, wily, clever...Never did one of them
test his resolve, best him on the field, nor wrest
from him this crown...

He lived to be a man whose life had purpose,
a man of means, a man none demeaned...
He seemed so fragile, one we might have drowned
as others were...yet fate intervened.

#### "Yet it shall be tempest-tost"

(Macbeth: Act I, Sc. 3)

When wills collide, balls of ice slicing window panes, the flying shards, like missles randomly fired, target innocent fantasies and guilty plots alike.
And shattered dreams are tossed, an unlikely salad, bitter and colorless, to fall on empty plates of glass.

#### "Look how our partner's rapt"

(Macbeth: Act 1, Sc. 3)

He is an asylum where ideas, thick with doubt, hang blindly from thought like bats in hollow caves. Awakened, his schemes beat violent wings, each a lunatic rodent destroying sanity in wild rabid flight.

#### "...as one studied in his death..."

(Macbeth: Act 1, Sc. 4)

It was as if he, a seasoned actor, had, with some improvisation, memorized a classic script... scrupulously studied each line, staged imaginative dissolves, lifted a common theme above the trite, and at the final curtain, thrilled an awestruck audience witness to the performance of a lifetime.

# "Stars, hide your fires; Let not light see my black and deep desires."

(Macbeth Act I, Sc. 4)

thoughts like the path of a warped arrow cannot be tamed they follow a trajectory of their own making skidding across the bow of a mind bent and warped

these notions fly in and out speeding past reason past doubt they give no warning they come without cause they own the space we cannot define within an errant mind

some slip by as simple ruminations
repetitious annoying pieces of detritus
others creep to the edge of compliance
ideas whose time should never come

and if they come they must be played out among the stars

these thoughts cannot see full light of day they harbour hideous prophecies that dawn must suffocate and burn in the heat of sun

# "Look like the innocent flower, But be the serpent under it..."

(Macbeth: Act I, Sc. 5)

She pinched her cheeks hard...a blush, girlish and charming, met them at the door...she danced them in like soldiers at a cotillion. Each tucked his senses into a seldom used pocket and fancied himself more than man enough to handle this aging hostess.

Effortlessly, she moved among them, a child-woman whose every desire was quickly met...whose charm exuded delight and innocence and in whose secret cache, tucked carefully behind a smile, purred a wicked anaconda with no blush, no desire save to squeeze and crush...thoroughly enjoying dinner for one.

### "And take my milk for gall"

(Macbeth: Act I, Sc.5)

She shook her maternal instincts loose, crumbs lightly caught on damask, tossed them, children of the air, to float and catch on lesser women. Her seeds were thoughts, planted in him, nurtured, threatened, cajoled and teased by breasts that leaked ambition and curdled at the touch.

#### "...stop up the access and passage to remorse"

(Macbeth: Act I, Sc. 5)

She was more acid than he thought...
able to burn holes in his conscience.
Her tirades were a practiced art,
a science of bitterness at her lot...
a life he gave her with no reprieve,
a step down from the top.
She used him as a vial,
a stoic, now quivering amid this bile
that filled him from head to foot.
He, a soldier, esteemed in combat, was,
in her midst, reduced to fodder,
a battering ram that would trip,
stumble and crown her with defeat.

# "Come, thick night, And pall thee in the dunnest smoke of hell..."

(Macbeth: Act I, Sc. 5)

A moonless night trips over dusk leaves no prints no walk to follow nor contrail to view

There is no scent to track pathways disappear in the dark and we are left meandering

wandering routes that have no map alleys that end in disaster and passages that lead to nowhere

### "False face must hide what the false heart doth know..."

(Macbeth: Act II, Sc.1)

she painted her face with lies and promises a courtesan cleverly disguising plans plots treasons cheating all she met on the road to vengeance a city she built in mind and memory

the buildings created were false fronts film sets constructed of plywood and histories rewritten scripts manufactured in fantasy an actor on stages barely strong enough to sustain the weight of a phoenix

a blackened heart hidden masterfully beneath a loving smile a smile evolved over decades of deception a smile fixed transfixed over pointed teeth and blood red lips

it was beyond our ken to know the true from the false

(Macbeth: Act II, Sc.1)

An ecclesiastic moon, huge eucharist majestic in cathedral skies, transfigures summer wind, absolves the night below.

### "Is this a dagger which I see before me, The handle toward my hand?"

(Macbeth: Act II, Sc. 1)

you were a vision long before reality set in nothing beatific of course but a dream sequence of sunshine and violets

it took little time before you strolled out of the lovely pretense you created picked up a knife carved from our lost lives and held it against my throat

pressing the edge until just enough of me trickled down the white shirt of my insipid innocence to bleed me into a stupor

years passed while you collected dues peeled decades lost from my flesh stripped me naked and danced across my filleted carcass pretending for all others to be the victim

#### "To show an unfelt sorrow is an office which the false man does easily"

(Macbeth: Act II, Sc. 2)

It was easy to become the star of his own play. He carefully dressed himself in cloth of gold to dazzle an innocent audience. His lines were memorized to perfection... he had written them himself... words simply flowed... "o, the horror...o the pain...o what shall we do?...who will lead us out of this darkness?...o no, not in my house...how could this be?...."

And when they applauded him...when they consoled him...

When they placed the crown upon his head...o the elegance...

o the surge of power...of prestige...

It was a showstopper...he could have broken out in song...he could have danced the night through.

As reality quickly climbed over excitement, he realized that he had written a tragedy... there was no music here...a dirge, perhaps...a song to send a man...a good man home to God...

And the orchestra in his head began to play a repetitive piece...

a song to haunt him...

In his own horror, he refused to pen Act II.

# "The shard-borne beetle with his drowsy hums Hath rung night's yawning peal"

(Macbeth: Act III, Sc. 2)

once the moon was easy to devour... a crescent here

another there...
a half bite
and gone

swallowing the glow seemed so simple then letting it slide

past a quiet tongue down a throat empty of guile

there were no rules of nocturnal etiquette no sharing of communal plates

only faces upturned to sky... banquets of light that filled us

### "While night's black agents to their prey do rouse..."

(Macbeth: Act III, Sc. 2)

Night,
a panther,
all claws and teeth
hides in the crotch of a knotted tree
watching day slide beneath the horizon to sleep.
With fangs bared,
it slinks into every crevice,
every corner left by light,
claws its way between dusk and dawn;
a cunning companion to ambition gone foul.

# "There's not a one of them but in his house I keep a servant fee'd..."

(Macbeth: Act III, Sc. 4)

There is a price...
for truth, for silence, for all things.
Honor has cost and so does mercy,
for all its quality.
Love takes a toll and hate extracts
a bitter fee...
Pay now or pay later
there is nothing to satisfy while,
like Croesus,
coffers bulge and spill.
There is a price.
And, once paid, is forever owed.

### "...give sorrow words: the grief that does not speak..."

(Macbeth: Act IV, Sc. 3)

#### MURDER!!!!!!!!! MURDER!!!!!!!!! MURDER!!!!!!!!!!

A word that collapses in upon itself striking fear and awe...squeezing life from icy, stiff vocal chords, wrapping them in tiny cloaks of sorrow.

Blood, gallons of thick crimson, signaled the deed. An eerie silence created a community of mutes. Silently, they prayed...begged to hear words...any words.

Exclamations!!! Questions??? (((parenthetical phrases)))...Words, any words, words to break the unholy grip, to set them free of

MURDER!!!!!!!!! MURDER!!!!!!!! MURDER!!!!!!!!!!

"It is an accustomed action with her to seem thus washing her hands. I have known her continue in this a quarter of an hour."

(Macbeth: Act V, Sc. 1)

She was a bit parenthetical, (an afterthought) spending time in her own mind wandering around its wilderness seeking comfort from an untidy world.

She was a bit of extraneous matter who absorbed the shapes and sounds of those around her....blending into the wallpaper of existence so easily and willingly

She was rather innocuous, never insinuating herself into discussions never arguing this point over that point always comfortably led from morning until night.

It was such a shock when she exploded and spit out the shrapnel of decades in silence tattooing them with a needle-like precision, knocking them down like so many pop-up figures in an arcade game

After they led her away she retreated into her own thoughts once again absorbing, blending, wandering it didn't take long for them to forget that she had ever been.

(Macbeth: Act V. Sc. 1)

It was not an imaginary cur she addressed. Though in her rapid descent from sanity, we guessed it might just be. Yelping, wild and free, dogs escaping reality held her.

They did not.

Soon, we recognized the obsession. Blood...blood...gallons of the viscous fluid spurting from fingers, running down hands seeking to freeze it.

Like red honey, tenacious and syrupy, crimson digits awash in the stuff of life stuck in her weakened mind.

Those thoughts, adhesive and gluey, created an insipid conspiracy of blood somehow suspended in air.

#### "Look how she rubs her hands..."

(Macbeth: Act V, Sc. 1)

In one of those rare epiphanies, the clouds, like temporary cataracts, blurred the moon.

Moonbeams divided a murderous sky, twilight causeways connected earth to air.

And, in one enormous bite, day moved in, a cannibal, devouring the dark.

# "Look after her; Remove from her the means of all annoyance..."

(Macbeth: Act V, Sc. 1)

Her mind,
like pottery, lay broken,
She collected thoughts,
strewn across the room,
piecing them together
in random patterns,
a mosaic composed in a drunken dream.
Memory bled as the jagged edges
sliced her brain.

"The soldiers he commands are only following orders. They don't fight because they love Macbeth. Now he seems too small to be a great king, like a midget trying to wear the robes of a giant."

(Macbeth: Act V, Sc. 2)

He had grown lean.
Once an oak among poplars,
he was now no more than a twig.

His spine could be snapped as easily as a broken thought.

Legs that carried him into battle, trained stallions working in unison, were mere saplings barely able to stand in a stiff wind.

He had grown lean.

The mind of a warrior, filled with visions of wars won, replayed only this battle lost amid simple arrogance and greed.

Indeed, he had grown lean.

#### "Out, out, brief candle!..."

(Macbeth: Act V, Sc. 5)

When the moon's soft chin hangs low when somber light lies quietly beside still pines, the nightingales begin to stutter.

They sing staggered psalms, try with aching wings and arching voice to lift the night,

raise the sagging face of an aging moon and force the sleeping pines to dance.

(Macbeth: Act V, Sc. 8)

Guilt,
the mangy cur,
gnawed at my resolve,
chewed through my conscience
and set about the arduous task
of howling in my head,
barking discontent
and sniffing every weakness
until I filled its bowl
with pieces of myself.

(Macbeth: Act V, Sc. 8)

Of all the amulets that could have hung about my neck: potions that bring prosperity; mandrake to give life to my bed; garlic, spices and animal parts; to bring to and to thwart, they gave me riddles. Oedipus with no sphinx, a wife with hubris and no blind seers to give me answers to questions unasked. I would climb mountains, marry my mother, kill my father, if this charmed life they would lift from me.

#### "Canst thou minister to a diseased mind...."

(Macbeth: Act V, Sc. 3)

It is so easy to convince ourselves as we sit casually aside a cluttered desk that we have gleaned the answers some torn from a book others stolen from a teacher or gathered from years in practice that we can fix those fractured minds

psyches lost to ugly memories brains tortured and fragmented thoughts convoluted and dissembled trying to walk down paths they never knew running frantically in circles skipping through jagged streets unpaved and filled with hidden potholes

so simple to toss out platitudes so delicious to clutch the answers parceling them out in 45 minute increments to open the door and quickly close it promising a better week to let the next mind slide in as we sit casually aside a still cluttered desk



Kathleen Bryce Niles-Overton is Editor Emerita of the **Comstock Review.** A retired teacher and administrator, she was the principal of an Alternative to Expulsion for Weapons Possession School in Syracuse, New York. Currently, she is the CEO of the Bryce Focus Group, a PR firm in Buffalo, New York that specializes in non-profit arts organizations. The author of several chapbooks including: *Ashes From A Long Dead* Fire (nominated for a Pulitzer Prize); *Catechism of Regret* and *Parochial Habits*; she holds a BA & MA in English from the University of Albany; Ed.M. in Psychology from the University of Buffalo; and a CAS in Educational Administration from SUNY Oswego. She is the final judge for the Jessie Bryce Niles Chapbook Competition.